

SUN

MON

TUE

WED

THU

FRI

SAT

Somerby of Mobile

901 Somerby Drive • Mobile, Alabama 36695
Phone: (251)776-1455
Fax: (251) 662-2721
Good Times Line: (251) 662-2729



9:30 a.m. Current Events
10:00 a.m. Conductorcise
10:30 a.m. Bingo for Prizes
1:30 p.m. Scenic Drive
3:00 p.m. Crafting
6:30 p.m. Best Friend's Activity

1

9:30 a.m. Current Events
10:00 a.m. Balloon Volleyball
11:00 a.m. Cooking in the Kitchen
2:00 p.m. Beat of the Drums
3:00 p.m. Bingo for Prizes
3:00 p.m. Social Soiree
6:30 p.m. Best Friend's Activity

2

9:30 a.m. Current Events
10:00 a.m. Yoga
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Name that Tune
6:30 p.m. Best Friend's Activity

3

9:30 a.m. Flower Club
10:00 a.m. Art Class
1:30 p.m. Community Service
Social: Back to School
kits for Head Start
4:00 p.m. Sunset Walk
6:30 p.m. Best Friend's Activity

4



9:30 a.m. Current Events
10:00 a.m. Hand Bells
11:00 a.m. Bible Study
1:30 p.m. Best Friend's Activity-Physical
3:00 p.m. Movie from Yesterday
6:30 p.m. Reading Club

5

9:30 a.m. Current Events
10:00 a.m. Chair Exercises
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Men's Coffee
6:30 p.m. Best Friend's Activity

6

9:30 a.m. Current Events
10:00 a.m. Day at the Spa with
Aroma therapy
11:00 a.m. Life Stories & Scrapbooking
1:30 p.m. Best Friend's Activity-physical
3:00 p.m. Ladies Tea with Music
6:30 p.m. Best Friend's Activity

7

9:30 a.m. Current Events
10:00 a.m. Best Friend's Activity
10:30 a.m. Bingo for Prizes
1:30 p.m. Scenic Drive
3:00 p.m. Crafting-Pencil Boxes
6:30 p.m. Best Friend's Activity

8

9:30 a.m. Current Events
10:00 a.m. Balloon Volleyball
11:00 a.m. Cooking in the Kitchen
2:00 p.m. Beat of the Drums
3:00 p.m. Bingo for Prizes
3:00 p.m. Social Soiree
6:30 p.m. Best Friend's Activity

9

9:30 a.m. Current Events
10:00 a.m. Yoga
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Name that Tune
6:30 p.m. Best Friend's Activity

10

9:30 a.m. Flower Club
10:00 a.m. Art Class
1:30 p.m. Reading/Writing and
Arithmetic Games
4:00 p.m. Sunset Walk
6:30 p.m. Best Friend's Activity

11

9:30 a.m. Current Events
10:00 a.m. Hand Bells
11:00 a.m. Bible Study
1:30 p.m. Best Friend's Activity-Physical
3:00 p.m. Movie from Yesterday
6:30 p.m. Reading Club

12

9:30 a.m. Current Events
10:00 a.m. Chair Exercises
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Men's Coffee
6:30 p.m. Best Friend's Activity

13

9:30 a.m. Current Events
10:00 a.m. Day at the Spa with
Aroma therapy
11:00 a.m. Life Stories & Scrapbooking
1:30 p.m. Best Friend's Activity-physical
3:00 p.m. Ladies Tea with Music
6:30 p.m. Best Friend's Activity

14

9:30 a.m. Current Events
10:00 a.m. Best Friend's Activity
10:30 a.m. Bingo for Prizes
1:30 p.m. Scenic Drive
3:00 p.m. Crafting-Art Aprons
6:30 p.m. Best Friend's Activity

15

9:30 a.m. Current Events
10:00 a.m. Balloon Volleyball
11:00 a.m. Cooking in the Kitchen
2:00 p.m. Beat of the Drums
3:00 p.m. Bingo for Prizes
3:00 p.m. Social Soiree
6:30 p.m. Best Friend's Activity

16

9:30 a.m. Current Events
10:00 a.m. Yoga
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Name that Tune
6:30 p.m. Best Friend's Activity

17

9:30 a.m. Flower Club
10:00 a.m. Art Class
1:30 p.m. Back to School
Fashion Show
4:00 p.m. Sunset Walk
6:30 p.m. Best Friend's Activity

18

9:30 a.m. Current Events
10:00 a.m. Hand Bells
11:00 a.m. Bible Study
1:30 p.m. Best Friend's Activity-Physical
3:00 p.m. Movie from Yesterday
6:30 p.m. Reading Club

19

9:30 a.m. Current Events
10:00 a.m. Chair Exercises
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Men's Coffee
6:30 p.m. Best Friend's Activity

20

9:30 a.m. Current Events
10:00 a.m. Day at the Spa with
Aroma therapy
11:00 a.m. Life Stories & Scrapbooking
1:30 p.m. Best Friend's Activity-physical
3:00 p.m. Ladies Tea with Music
6:30 p.m. Best Friend's Activity

21

9:30 a.m. Current Events
10:00 a.m. Best Friend's Activity
10:30 a.m. Bingo for Prizes
1:30 p.m. Scenic Drive
3:00 p.m. Crafting-Lunch Bags
6:30 p.m. Best Friend's Activity

22

9:30 a.m. Current Events
10:00 a.m. Balloon Volleyball
11:00 a.m. Cooking in the Kitchen
2:00 p.m. Beat of the Drums
3:00 p.m. Bingo for Prizes
3:00 p.m. Social Soiree
6:30 p.m. Best Friend's Activity

23

9:30 a.m. Current Events
10:00 a.m. Yoga
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Name that Tune
6:30 p.m. Best Friend's Activity

24

9:30 a.m. Flower Club
10:00 a.m. Art Class
1:30 p.m. Sock Hop!
4:00 p.m. Sunset Walk
6:30 p.m. Best Friend's Activity

25

9:30 a.m. Current Events
10:00 a.m. Hand Bells
11:00 a.m. Bible Study
1:30 p.m. Best Friend's Activity-Physical
3:00 p.m. Movie from Yesterday
6:30 p.m. Reading Club

26

9:30 a.m. Current Events
10:00 a.m. Chair Exercises
11:00 a.m. Wii Bowling
1:30 p.m. Best Friend's Activity
3:00 p.m. Men's Coffee
6:30 p.m. Best Friend's Activity

27

9:30 a.m. Current Events
10:00 a.m. Day at the Spa with
Aroma therapy
11:00 a.m. Life Stories & Scrapbooking
1:30 p.m. Best Friend's Activity-physical
3:00 p.m. Ladies Tea with Music
6:30 p.m. Best Friend's Activity

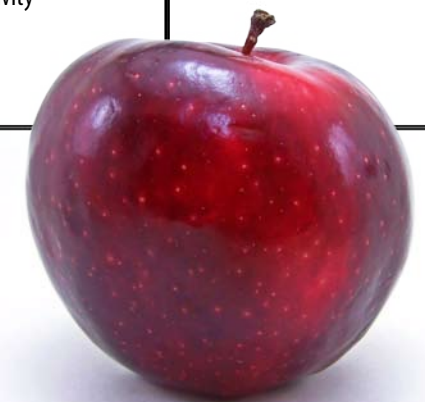
28

9:30 a.m. Current Events
10:00 a.m. Best Friend's Activity
10:30 a.m. Bingo for Prizes
1:30 p.m. Scenic Drive
3:00 p.m. Crafting-Hair Bows
6:30 p.m. Best Friend's Activity

29

9:30 a.m. Current Events
10:00 a.m. Balloon Volleyball
11:00 a.m. Cooking in the Kitchen
2:00 p.m. Beat of the Drums
3:00 p.m. Bingo for Prizes
3:00 p.m. Social Soiree
6:30 p.m. Best Friend's Activity

30



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<p>9:30 a.m. Sunday Papers 10:00 a.m. Fitness Room 11:00 a.m. Sunday Services 1:00 p.m. Craft Time 2:30 p.m. Music with Gerry 3:30 p.m. Scrabble 7:00 p.m. Gaither Hour</p>	<p>9:45 a.m. Catholic Communion 10:00 a.m. Exercising with Weights 10:00 a.m. Learn to Knit 11:00 a.m. Wii Balance 1:30 p.m. Balloon Volleyball 2:30 p.m. Pool Time 3:30 p.m. Bingo with your neighbors 7:00 p.m. Dominoes</p>	<p>10:00 a.m. Yoga 10:45 a.m. Pet Pride 11:00 a.m. Mobility Device Check Ups 1:00 p.m. Bridge 1:15 p.m. Cooking 3:00 p.m. Masterpiece Theater Music 3:30 p.m. Bingo for Bucks 7:00 p.m. Rummy</p>	<p>10:00 a.m. Exercising with weights 10:45 a.m. Scenic Drive 11:00 a.m. Wii Balance 1:30 p.m. Flower Club 1:45 p.m. Neurobics 2:30 p.m. Pool 3:30 p.m. Bingo with your neighbors 7:00 p.m. Movie Time 10:00 a.m. Synergy</p>	<p>10:30 a.m. Aroma Spa 11:00 a.m. Wii 1:45 p.m. Conductorcise 3:30 p.m. Bingo for bucks 7:00 p.m. Rummy</p>	<p>10:00 a.m. Exercise with weights 11:00 a.m. Hand bells 1:30 p.m. Current Events 2:30 p.m. Pool 3:30 p.m. Bingo for Points 7:00 p.m. Puzzle time</p>	<p>9:30 a.m. Flower Club 10:00 a.m. Art Class 1:30 p.m. Community Service Social: Back to School kits for Head Start 4:00 p.m. Sunset Walk</p>
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